



DIABETES REVIEW

What do we need you to bring to the appointment?

- Please bring your diabetic patient record handbook.
- Please bring a urine sample (first sample of the day please).

Following the appointment with the Nurse we would ask you to book a ten minute appointment with either Dr Dugas or Dr Ingham to review your blood tests and diabetic condition.

What we will do at the appointment?

We will check your blood pressure, height and weight. We will check your urine and take a series of blood tests to check diabetic control, kidney function, liver function, full blood count, B12 (if on Metformin tablets) and thyroid function. We will also send your urine for analysis for protein loss.

We will do a physical examination and this will either be undertaken by the Nurse or will be undertaken by the Doctor when you see them. We will check that your soft touch and vibration sense is normal and also check that your foot pulses are normal as well.

We will discuss your diabetic control and any issues you have relating to your diabetic condition.

Why it is important that you attend this appointment?

A regular review of your diabetic condition is important to establish that your diabetes is well controlled and also to establish that other risk factors are well controlled. We would strongly urge you to attend the appointment so that we can ensure that we offer you the best level of care.

What to do if you do not wish to undertake this review.

If you are sure that you do not wish to attend for this review we would ask that you sign in the diabetic review box in the table within your appointment request letter. Please return the signed letter to us that we can keep this for our records.